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## Original Research Article

# Characterization and Magnetic Properties of CoFe<sub>2</sub>O<sub>4</sub> Nanoparticles Synthesized under Gas Atmosphere: Effect of Ferrofluid Concentration on Hyperthermia Properties

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## ABSTRACT

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Magnetic hyperthermia (MH) is a promising cancer treatment approach that utilizes magnetic nanoparticles with unique properties such as higher penetration depth and precise thermal control that make them effective for cancer treatment. In addition, the sensitivity of cancer cells to heat and role of magnetic nanoparticles proved to be very effective in combined treatments. Here, CoFe<sub>2</sub>O<sub>4</sub> nanoparticles are synthesized using a co-precipitation method under gas atmosphere during the synthesis process. The characteristics and properties of the synthesized nanoparticles are investigated using XRD, FESEM, and vibrating sample magnetometer (VSM) analyses. The XRD results confirm the formation of cobalt nanoparticles. The FESEM investigations reveal that nanoparticles have uniform surface morphology and spherical shape. The VSM results show that the CoFe<sub>2</sub>O<sub>4</sub> nanoparticles possess superparamagnetic properties as confirmed by FORC analysis. Under the gas atmosphere, saturation magnetization (M<sub>s</sub>) and coercivity (H<sub>c</sub>) of the CoFe<sub>2</sub>O<sub>4</sub> nanoparticles are obtained as 41.5 emu/g and 34.1 Oe, respectively, while these values in the nanoparticles synthesized without the gas atmosphere are calculated as M<sub>s</sub> = 33.8 emu/g and H<sub>c</sub> = 42.3 Oe. The MH of the CoFe<sub>2</sub>O<sub>4</sub> nanoparticles is measured by preparing concentrations of 1, 3, and 5 mg/ml of the nanoparticles under the magnetic field of 400 Oe at the frequency of 400 kHz. The results show that the highest MH is achieved at the concentration of 3 mg/ml, and the specific loss power (SLP) value is measured as 190.3 W/g. Overall, these findings confirm that the co-precipitation method is an effective approach to the synthesis of biocompatible CoFe<sub>2</sub>O<sub>4</sub> nanoparticles which is in line with the results from MTT analysis, having desirable properties for various applications, especially for MH.

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## 1. INTRODUCTION

Hyperthermia can be classified into several types based on its heat source. Magnetic hyperthermia (MH) is a promising cancer treatment approach that uses magnetic nanoparticles as the sources of heat generation in tumor

tissues [1,2]. It offers several advantages over other treatment modalities that are listed in the following: higher penetration depth of alternating magnetic fields than other mechanisms (e.g., light or ultrasound) that allows access to deeper tissues, use of nanoparticles in a wide range of concentrations and their retention in the

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tumor site for repeated treatment sessions, size-dependent magnetic properties that facilitate control and tuning of the heating level, precise control of the nanoparticle size, morphology, and surface modification for different purposes including biocompatibility, ability to provide chemical groups for attaching biological molecules, and minimization of blood protein adsorption. Application of magnetic nanoparticles for hyperthermia cancer therapy is highly promising due to their excellent temperature homogeneity [3-7]. Additionally, they can be simultaneously used in combinatorial therapies. One of these approaches is targeted drug delivery combined with hyperthermia in which the drugs are attached to the surface of nanoparticles as the carriers and delivered to the target tissue [8,9]. A variety of cancer imaging techniques and nano-platforms have been recently used for cancer diagnosis in order to monitor treatment [10,11].

In recent years, different methods have been developed for cancer treatment. These methods are classified into two categories: a) traditional methods such as surgery, chemotherapy, and radiation therapy, and b) advanced methods such as gene therapy, hormone therapy, photodynamic therapy, and hyperthermia therapy (or thermal therapy) [12-14]. In medical science, hyperthermia therapy is referred to as a cancer treatment method in which cancerous tissues are exposed to a temperature increase above the physiological body temperature (37 °C) up to about 6-8 °C. One of the prominent features of the cancer cells, compared to the healthy ones, is their sensitivity and vulnerability to heat, and a temperature increase of more than 6 °C can completely destroy them [15-18]. The sensitivity of the cancer cells to heat results from lack of oxygen caused by poor blood flow in the tumor area. Healthy cells can organize blood flow and dissipate excess heat through the vascular network around them in the convection and diffusion phenomenon while the cancer cells have less ability to expand the vascular network. As a result, blood flow decreases and the tissue becomes overheated (more than 42 °C). In addition, the survival of the tumor cells significantly decreases in the range of 41-47 °C while the healthy cells are hardly affected by this temperature increase [15,16,19].

Due to their small size or high surface area, nanomaterials, especially those with sizes ranging from 1 to 100 nanometers, are characterized by unique optical, electrical, catalytic, thermal, and magnetic properties [20-28]. Magnetic nanoparticles have been used in a wide range of applications because they can be easily separated under an external magnetic field and designed for various purposes such as the advanced material synthesis, magnetic enhancement imaging, and controlled heat imaging [29-31]. Generally, magnetic nanoparticles are composed of magnetic elements such as iron, cobalt, nickel, and their chemical compounds. Among various types of the magnetic nanoparticles, ferrite nanoparticles with superparamagnetic properties

have been frequently referred to as the efficient magnetic nanomaterials that are suitable for various applications [6,31-33]. Ferrite nanoparticles have interesting properties such as non-toxicity, biocompatibility, chemical stability, and high magnetic reversibility [34-37]. Cobalt ferrite nanoparticles have a high potential for targeted drug delivery and MRI and for this reason, they have received considerable attention in recent decades. Owing to their attractive magnetic properties, cobalt ferrite nanoparticles have high potential in MH therapy [31,38-40].

Magnetic nanoparticles can be synthesized by physical and chemical methods among which, the co-precipitation method is one of the cost-effective and simple methods. As a disadvantage, some materials in the synthesis through this method do not have uniform quality. One of the ways to control uniformity and proper morphology in the synthesis based on co-precipitation method is to use argon and hydrogen atmosphere that removes excessive oxygen and impurities during the synthesis [41-44]. However, the significant role of the MH properties of cobalt ferrite nanoparticles synthesized by a co-precipitation method under the gas atmosphere has been still neglected.

In this study, the prepared sample was first converted into a stable nanoparticle suspension with a specific concentration. Then, the sample was placed in a MH measurement device where an alternating magnetic field with a specific intensity and frequency was applied, and the temperature increase of the nanoparticle suspension was measured and recorded for one minute. The value of specific loss power (SLP), which indicates the amount of the MH of the nanoparticles in the presence of the magnetic field, was calculated using Equation (1) In this equation,  $c$  represents the specific heat capacity of the solvent,  $m_{MNP_s}$  the mass of the magnetic nanoparticles,  $m_f$  the mass of the fluid, and  $\Delta T/\Delta t$  the initial slope of the temperature-time curve [45].

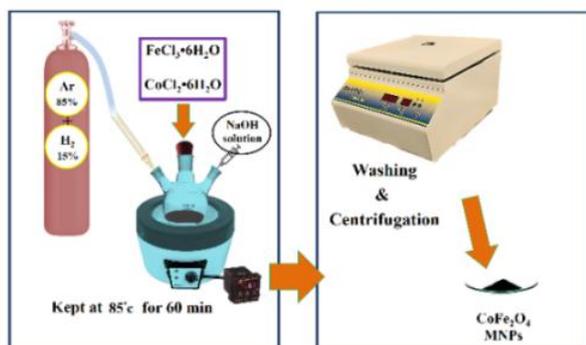
$$SLP = c \frac{m_f}{m_{MNP_s}} \frac{\Delta T}{\Delta t} \quad (1)$$

## 2. MATERIALS AND METHODS

### 2.1. Synthesis of CoFe<sub>2</sub>O<sub>4</sub> Nanoparticles

For the synthesis of CoFe<sub>2</sub>O<sub>4</sub>, 10 ml of 0.5 M FeCl<sub>3</sub>.6H<sub>2</sub>O and 6 ml of 0.4 M CoCl<sub>2</sub>.6H<sub>2</sub>O were mixed in a three-necked flask and placed on a temperature-controlled heater mantel. The mixture was then heated to 85 °C under the gas atmosphere (85 % argon + 15 % hydrogen) [46,47]. During the heating process, the pH of the medium reached about 12 by adding NaOH solution drop by drop. The solution was stirred for 60 min at 85 °C and then, the obtained precipitate was cooled down to room

temperature. Finally, the precipitate was washed five times with ethanol and deionized water using a centrifuge. The schematic of the synthesis steps is shown in Figure 1.



**Figure 1.** Schematic representation of the preparation process of  $\text{CoFe}_2\text{O}_4$  nanoparticles using a co-precipitation method under gas atmosphere

## 2.2. Characterizations

A Field-Emission Scanning Electron Microscope (FESEM, TESCAN, Czech) was used to investigate the morphology of  $\text{CoFe}_2\text{O}_4$  synthesized with different surfactants. Then, X-Ray Diffraction (XRD; Philips, X'Pert Pro,  $\lambda = 0.154$  nm) analysis was done to study the crystal structure of the  $\text{CoFe}_2\text{O}_4$ . The magnetic properties were then investigated at room temperature by measuring the hysteresis curves (applied magnetic field:  $\pm 10000$  Oe) and doing FORC analysis using a vibrating sample magnetometer (VSM, MDK Co.) equipped with FORC software.

MH value of the  $\text{CoFe}_2\text{O}_4$  was evaluated by measuring their heating efficiency using an alternating magnetic field with the intensity of 400 Oe at the frequency of 400 kHz. For this purpose, a hyperthermia device (Magnetic DaneshPajoh Kashan Co.) was used. The SLP value of the prepared ferrofluids (containing  $\text{CoFe}_2\text{O}_4$  nanoparticles with concentrations of 1, 3, and 5 mg/ml in deionized water) was calculated through Equation (1).

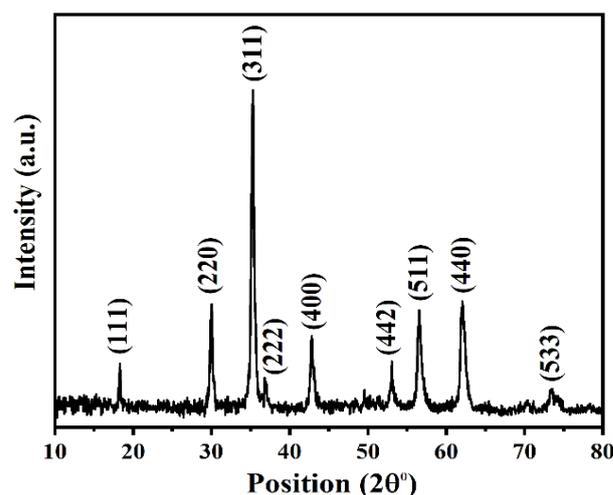
## 3. RESULTS AND DISCUSSION

### 3.1. XRD Results

The XRD pattern of the synthesized  $\text{CoFe}_2\text{O}_4$  is shown in Figure 2. In general, the XRD peaks at  $2\theta = 18.2^\circ$ ,  $29.9^\circ$ ,  $35.4^\circ$ ,  $36.8^\circ$ ,  $42.9^\circ$ ,  $53.2^\circ$ ,  $56.6^\circ$ ,  $62.4^\circ$ , and  $73.6^\circ$ , respectively, can be indexed to (111), (220), (311), (222), (400), (442), (511), (440), and (533) reflections of face-centered cubic  $\text{CoFe}_2\text{O}_4$  crystal structure (JCPDS card no. 00-002-1045). The absence of other peaks is indicative of the high purity of the synthesized sample. The average crystallite size ( $d_{cs}$ ) was estimated along the preferential orientation using Scherrer equation [48]:

$$d_{cs} = \frac{K\lambda}{\beta \cos \theta} \quad (2)$$

where  $K$  is the shape factor ( $K = 0.9$ ),  $\lambda$  the X-ray wavelength,  $\beta$  (in terms of radian) the full width at half maximum, and  $\theta$  the diffraction angle. Accordingly, the value of  $d_{cs}$  of  $\text{CoFe}_2\text{O}_4$  was obtained as  $d = 21.6$  nm [49-54].



**Figure 2.** XRD pattern of  $\text{CoFe}_2\text{O}_4$

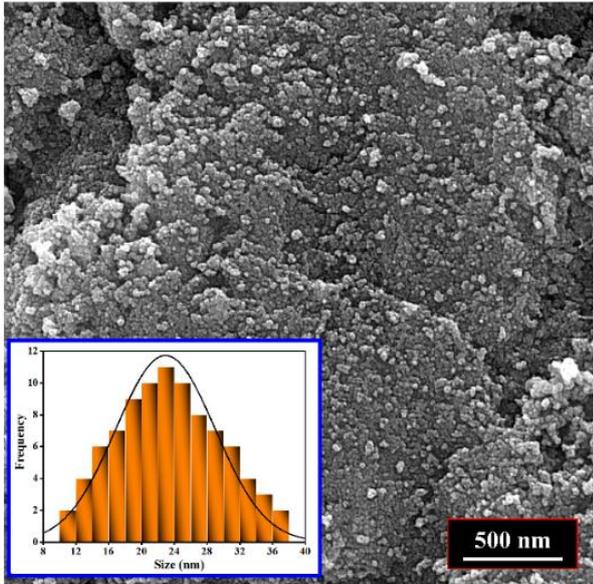
### 3.2. FESEM Results

Figure 3 demonstrates the FESEM image of the  $\text{CoFe}_2\text{O}_4$  nanoparticles. The synthesized cobalt ferrite nanoparticles have spherical morphology and suitable uniformity, one of the effective factors on the magnetic heat enhancement of magnetic nanoparticles. As observed in the inset of Figure 3, the size distribution of the  $\text{CoFe}_2\text{O}_4$  nanoparticles was obtained using FESEM images and Digimizer software. The size of the  $\text{CoFe}_2\text{O}_4$  nanoparticles is in the range of 10 to 38 nm with the average size of 24 nm, indicating the formation of superparamagnetic nanoparticles.

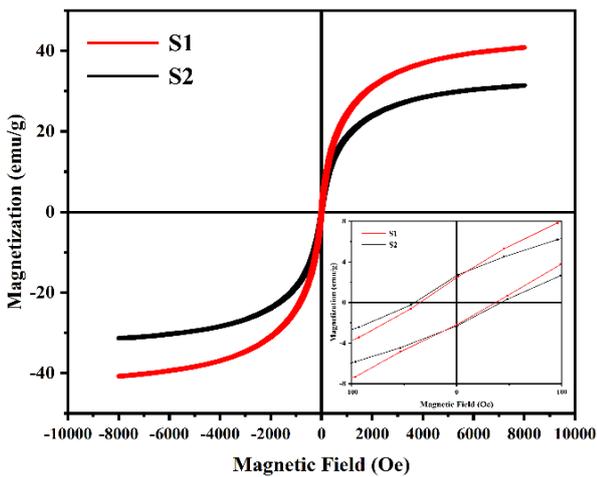
### 3.3. Hysteresis Curve and FORC Results

The room temperature hysteresis curve of the synthesized  $\text{CoFe}_2\text{O}_4$  nanoparticles is illustrated in Figure 4. To study the magnetic properties of cobalt ferrite nanoparticles synthesized under gas atmosphere (S1) and without gas atmosphere (S2), a magnetic field in the range of  $-10$  kOe to  $+10$  kOe was applied to the samples in order to obtain the magnetic parameters. The saturation magnetization ( $M_S$ ) and coercivity ( $H_C$ ) values of the samples S1 and S2 are found to be 41.5 emu/g and 34.1 Oe and 33.8 emu/g and 42.3 Oe, respectively. It is inferred that the gas atmosphere probably prevents the formation of oxide impurities in the cobalt ferrite nanoparticles, thus enhancing  $M_S$  value up to about 22 % (from 33.8 to 41.5 emu/g). These nanoparticles are considered as superparamagnetic materials due to their

low coercivity. In addition to generating magnetic heat, this property of nanoparticles can also be used to increase the image contrast in the MRI since these nanoparticles do not have any harmful effects on the human body. Figure 4 shows the hysteresis curve of  $\text{CoFe}_2\text{O}_4$  nanoparticles, which shows the superparamagnetic nature of cobalt ferrite nanoparticles due to its very narrow width (close to zero).



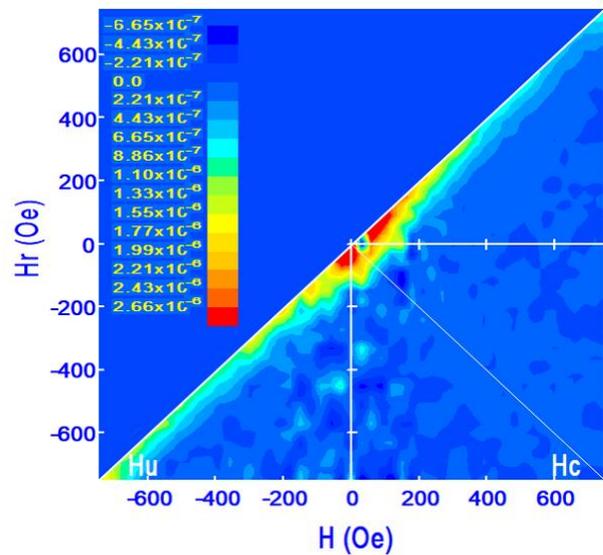
**Figure 3.** FESEM image of  $\text{CoFe}_2\text{O}_4$ . The inset represents the corresponding size distribution



**Figure 4.** Hysteresis curves of the  $\text{CoFe}_2\text{O}_4$  nanoparticles synthesized under gas atmosphere (S1) and without gas atmosphere (S2). The inset shows the details of the curves.

The FORC analysis was carried out by initially intensifying the magnetic field ( $H$ ) applied to the sample up to its saturation field, followed by decreasing it by a

reverse field ( $H_r$ ). During this process, magnetization  $M(H, H_r)$  was measured. Accordingly, sets of FORCs were plotted. The magnetic field ranged from  $-750$  to  $+750$  Oe, having a reversal step of 30 Oe. The FORC diagram depicted in Figure 5 shows a coercive field distribution ranging between 0 and 110 Oe. This may also indicate the relatively high contribution of the superparamagnetic  $\text{CoFe}_2\text{O}_4$  nanoparticles due to their small average diameter. In the FORC diagram, the extent of the coercive field and magnetostatic interactions can be extracted, showing the uniformity and distribution of the nanoparticle size. The mild coercive field distribution around the origin of the graph ( $H_c^{\text{FORC}} < 110$  Oe) is attributed to the quasi-superparamagnetic behavior of the nanoparticles [55].



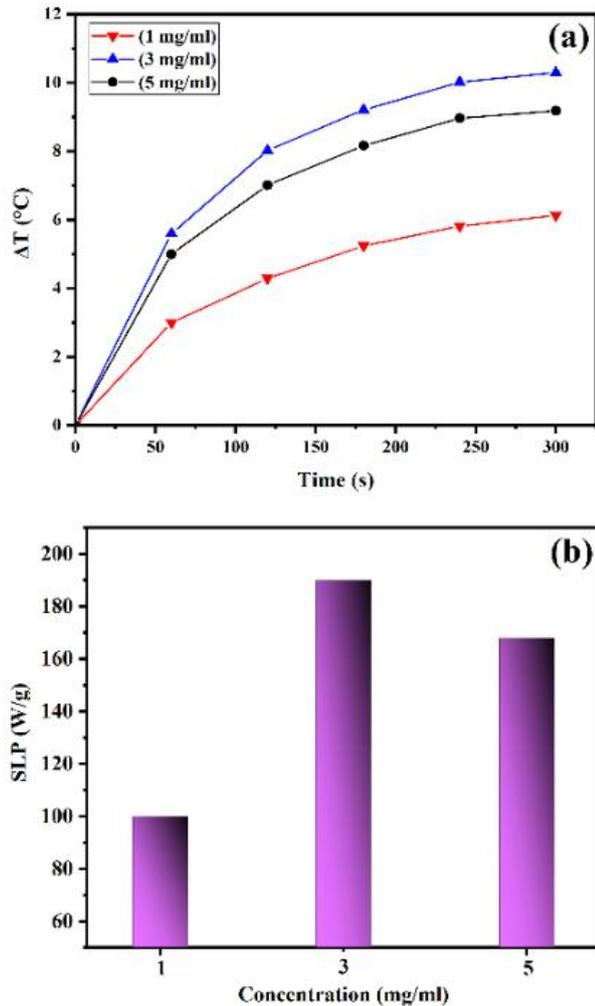
**Figure 5.** FORC diagram of  $\text{CoFe}_2\text{O}_4$  nanoparticles

### 3.4. MH Measurements and MTT Results

In the measurements of the MH which ultimately leads to the calculation of SLP, ferrofluids containing cobalt ferrite nanoparticles with the concentrations of 1, 3, and 5 mg/ml were prepared in aqueous medium. An ultrasonic bath was then used to disperse nanoparticles in water, and the solutions were placed in the bath for 30 min. The hyperthermia properties of the nanoparticles were measured using a MH machine (MDK, Iran). The ferrofluids of the samples were subjected to an alternating magnetic field with the frequency of 400 kHz and field intensity of 400 Oe in the device. Figure 6a shows the  $\Delta T$  with respect to the time of nanoparticles in a period of 5 min. The SLP values were calculated using Equation 1 by considering the temperature increase value measured in a one-minute period.

Figure 6b shows the amounts of the SLP of the  $\text{CoFe}_2\text{O}_4$  nanoparticles with the concentrations of 1, 3, and 5 mg/ml, and the highest amount equals 190.3 W/g at the concentration of 3 mg/ml. A comparison of the heat

dissipation power of the samples with different concentrations shows that the decrease in concentration (from 5 to 3 mg/ml) causes an increase in the heat produced by the ferrofluid.

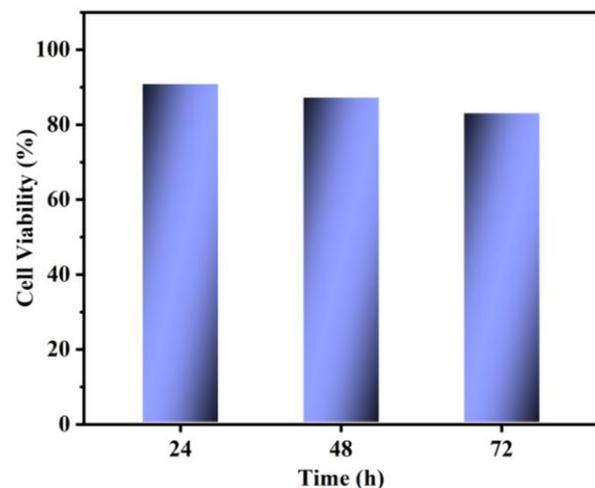


**Figure 6.** (a) Variation of  $\Delta T$  with respect to time for ferrofluids of  $\text{CoFe}_2\text{O}_4$  nanoparticles and (b) different concentrations of ferrofluids (1, 3, and 5 mg/ml)

As the concentration decreases, the amount of nanoparticles dissolved in the solution decreases. Meanwhile, the solution becomes less viscous, and the distance between the nanoparticles increases. This, in turn, lessens the interaction between the nanoparticles, thus making them have less obstacles against their physical rotation in the fluid. As a result, they can convert more amount of the absorbed electromagnetic energy into heat due to their higher and faster rotation movements that eventually increases the SLP. It should be noted that changing the concentration can affect the Brownian relaxation mechanism, which is related to the rotation of nanoparticles. In fact, the Néel mechanism is related to the rotation of the moments inside the

nanoparticles, hence independent of the surrounding environment of the nanoparticles. Finally, at the concentration of 3 mg/ml, the effect of Néel and Brownian mechanisms reaches its optimal state, and the effect of these two mechanisms leads to the highest SLP at this concentration. Other effective factors that determine the SLP value are the characteristics of the measuring device such as the frequency and intensity of the field [56,57].

Figure 7 illustrates the MTT assay results obtained from the  $\text{CoFe}_2\text{O}_4$  nanoparticles after 24, 48, and 72 h. According to findings, the cell viability of the L929 cells remains high (> 85 %) in the presence of these nanoparticles. Overall, it can be concluded that  $\text{CoFe}_2\text{O}_4$  nanoparticles with high SLPs do not have a significant cytotoxic effect on the L929 cells, hence suitable for MH therapy.



**Figure 7.** MTT assay results of  $\text{CoFe}_2\text{O}_4$  nanoparticles for different times

#### 4. CONCLUSION

In conclusion,  $\text{CoFe}_2\text{O}_4$  nanoparticles were synthesized in this study based on a co-precipitation method under gas atmosphere (85 % argon + 15 % hydrogen). The formation of cobalt nanoparticles was confirmed based on the XRD results. The FESEM investigations showed that the surface morphology of the  $\text{CoFe}_2\text{O}_4$  nanoparticles was uniform. In addition, according to the FESEM images, the nanoparticles under study had spherical morphology. The results of the hysteresis curve showed that  $\text{CoFe}_2\text{O}_4$  nanoparticles were superparamagnetic in nature. The gas atmosphere played a constructive role in enhancing the magnetic properties by increasing the  $M_s$  value up to about 22 %. Further, the FORC analysis confirmed the superparamagnetic contribution of the nanoparticles. Investigations of the

magnetic heat enhancement at the concentrations of 1, 3, and 5 mg/ml in aqueous medium confirmed that the suitable concentration for the highest SLP was 3 mg/ml for biocompatible cobalt ferrite nanoparticles. The synthesized nanoparticles have a high potential for drug delivery and MRI in future works.

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